



Featuring Today's Food Compliments of:

Mason Partak, Chopped Junior Champion

Any Way You Want It Salad

Ingredients:

4 cups greens
1 cup cole slaw mix
2 cups grape tomatoes,
halved
1 cucumber, peeled, sliced,
quartered
½ cup red onion, thinly
sliced
½ cup yellow bell pepper,
diced
½ cup red bell pepper,
diced
2 cups broccoli florets,
lightly steamed
1 yellow squash, spiralized
1 zucchini, spiralized
1 large carrot, spirealized
1 cup clover sprouts
2 cups seasoned croutons
1 cup sunflower seeds
1 cup dried cranberries
2 cups cooked chicken,
diced
Kids Love It! Champagne
Vinaigrette

In a large bowl choose your greens, mix in the cole slaw mix, tomatoes, cucumbers, and mix well. Using a gallon sized bread bag, add in the other salad ingredients you want in your salad. Be sure to include curly carrots and chicken. Add a handful of the salad from the bowl, add in 1 Tbs of Mason Made Kids Love It! Champagne Vinaigrette, twist the top of the bag and shake! Shake! Shake!

Put in a bowl and eat it.

